

BEST MIAMI RIDES

1 OCEANFRONT TRAIL

The Oceanfront Trail is a 10-mile (16km) cyclist's paradise along the Atlantic coastline. Ride south to South Point Park & Pier, or pedal north to Bal Harbour Pier. Explore at your own pace and enjoy abundant beach and park access along the way!

📍 2MI SOUTH, 9 MILES NORTH (ONE-WAY) ⌚ 1-2 HOURS 🚲 EASY RIDE, KID-FRIENDLY

2 VENETIAN ISLANDS TO BAYSIDE MARKET

The bike-friendly Venetian Causeway links Miami Beach to the mainland. Ride across six enchanting islands on one of America's most picturesque cycling routes, with stunning views of Biscayne Bay in every direction. Once you reach Miami, ride south to Bayside Marketplace and enjoy Miami's top destination for outdoor shopping and entertainment.

📍 5MI/8KM (ONE-WAY) ⌚ 1-2 HOURS 🚲 EASY RIDE

3 WYNWOOD & DESIGN DISTRICT

Wynwood, once an industrial zone, is now celebrated for its breathtaking street art and the famous Wynwood Walls. The chic district teems with unique dining spots, trendy craft breweries, and an array of eclectic shops. Nearby, the Miami Design District offers luxury boutiques, stylish showrooms, and a variety of restaurants, all nestled among verdant gardens. A rich tapestry of Miami's art, design, and culture.

📍 7MI/11KM (ONE-WAY) ⌚ 1-2 HOURS 🚲 EASY RIDE

4 LITTLE HAVANA

Little Havana is a vibrant hub for Cuban American social, cultural, and political life. Explore Cuban eateries, the Little Havana Cigar Factory, Domino Park, and historic St. John Bosco Catholic Church. Stop to shop at Brickell City Centre on your return.

📍 8MI/12KM (ONE-WAY) ⌚ 2-3 HOURS 🚲 MODERATE RIDE

5 THE UNDERLINE

The Underline is transforming the land below Miami's Metrorail into a 10-mile linear urban park. Ride across the Venetian Causeway bike route to the mainland, through downtown to Mary Brickell Village, and hop on the Underline. Continue to the U of Miami and Coral Gables.

📍 12MI/19KM (ONE-WAY) ⌚ 2-3 HOURS 🚲 LONG RIDE

6 VIZCAYA & COCONUT GROVE

Vizcaya, an exquisite Italian Renaissance-style villa, boasts 10 acres of gardens, shoreline, and tropical forests. For lunch, ride south to charming Coconut Grove, adorned with Banyan trees, chic shops, and trendy cafes. Want more? Continue south to Matheson Hammock Beach and the Fairchild Tropical Gardens. Return by train (part-way) from the University of Miami Rail Station to Mary Brickell Village.

📍 11MI/17KM (ONE-WAY) ⌚ 2-3 HOURS 🚲 MODERATE RIDE

7 KEY BISCAYNE

Key Biscayne is a sun-splashed adventure, full of waterfront bikeways, spectacular views, and tranquil beaches. Ride across the Rickenbacker Causeway and wave to the dolphins at the Miami Seaquarium. Immerse yourself in the lively atmosphere of Key Biscayne Village's local shops and eateries. Pedal onward to the picturesque Cape Florida State Park Lighthouse.

📍 16MI/25KM (ONE-WAY) ⌚ 3-4 HRS 🚲 LONG RIDE



BIKE & ROLL
MIAMI

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